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## **FEEDBACK**

### *Living in Sync*

The following comments are excerpted from a letter from Virginia Patterson, who has worked with the *GATEWAY EXPERIENCE*® tapes at home and attended a *GATEWAY VOYAGE*® in March, 1987. We at TMI feel Virginia's letter is a good demonstration of the sometimes subtle, and sometimes not-so-subtle ways that working with Hemi-Sync® can positively affect one's life.

"I work for a very large corporation and have always been very satisfied with my work. However, in the last two years, I began to wonder if there wasn't something more I could be doing with my life...

Our company (began) a major reorganization about the same time I received my first album of *GATEWAY EXPERIENCE* tapes... The reorganization had a tremendous negative impact on me. When I started listening to the tapes and was asked to put things in the energy conversion box... boy, did I have things to put in there... Over time, I began to examine where my feelings were coming from and by using *One Month Patterning*, I overcame those feelings... once again I enjoy my work... I see now that the reorganization was a blessing in disguise. It allowed me the opportunity to look for another, more fulfilling career.

My new career will be in the promotion of the philosophy and methods taught by organizations like TMI. The reason I was taken with TMI was that it fit so well with my innate feelings and beliefs. But I had much to learn. Since beginning the program I have had many coincidences(?) happen to me. But more and more, these are turning into more concrete examples of the power of what can be achieved from believing in the possibilities of '...individuals whose knowledge and understanding are equal to or greater than our own.'

[For example], I was asked to a meeting [and later] found that I was to speak at the meeting... I prepared 10 minutes of remarks. Next, I found they had reserved 45 minutes on the program for my presentation! It was getting more serious, but I still didn't panic. I decided I would work on it on Monday [the meeting was Wednesday]. Late Friday I heard, quite by accident (or was it?), that I was the Keynote speaker!! Oh dear, now I did have to work on this presentation. But I didn't worry about it—it was the weekend and I don't like to think about work on the weekend.

Saturday morning, I woke up at 6 am very tired and wanting to go back to sleep, but I couldn't because my mind was very busy... On the one hand, I wanted to go back to sleep, but whatever was going in the other side of my mind was preventing me from doing this. I started to try to 'push' these thoughts out of my mind, but they were very strong and I couldn't... I

realized [these thoughts] were my Keynote presentation. I picked up some paper on the side of my bed and began taking notes. But the thoughts were coming so rapidly that I finally got up and turned on my PC and entered the information. When it was completed, I went back to bed without really looking at the notes.

Later, I read the presentation and it was wonderful. It fit very well with the 10 minute 'intro' I had previously prepared. It spoke to the importance of goal setting and how to write and use affirmations. It was a talk that I could use in a business environment and yet it extended the message to one's other lives as well, such as community, family, personal, etc.

That might have been the end of the story, but more was to happen. On Monday, I came down with strep throat... Wednesday, I wasn't feeling good at all—in fact, if I hadn't had the presentation, I probably would have stayed home...

Upon completion [of the presentation] I got very good feedback. I even heard that for those who were aware, there were metaphysical undertones.

The interesting thing about this presentation is that I am usually very aware of my talk and how well I do. In this particular case, it was like I wasn't there. I had no idea how well I had done. For that matter, perhaps, I hadn't done it at all. I believe the author of the presentation delivered it himself.

I will continue to use the methods of TMI and look forward to my next encounter—either at *GUIDELINES*® or GO....Thanks again.”

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